

# NSW WOMEN IN LEADERSHIP WORKSHOP

ESSENTIAL SKILLS & TOOLS TO ENHANCE  
YOUR EFFECTIVENESS AS A LEADER IN  
AN EVOLVING ENVIRONMENT

22 - 23  
JULY 2021  
SYDNEY

## EXPLORE

- ▶ Develop your individual leadership style
- ▶ Lead with Emotional Intelligence (EQ) & authenticity
- ▶ Lead high performance for yourself your team & the organisation
- ▶ Strategic planning for your leadership development & career

## EXPERT FACILITATOR



**Amy Stewart**  
Leadership & Development Specialist  
Amy Stewart Learning and Development

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7 MAY,  
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## ABOUT THE EVENT

Women remain critically underrepresented in senior executive leadership roles, and yet diversity is proven to be a key component to unlock innovation and performance, leading to better business outcomes. Greater participation of women is the first step to improving diversity and the benefits it provides to the organisation. The corporate world has seen a slight increase in senior women leaders in recent years, but this current growth is still not enough to attain the benefits provided by gender diversity.

To increase the number of women represented in senior executive leadership, it is essential to equip aspiring leaders with critical tools for leadership success. Women must be able to identify the opportunities for career advancement, build supportive networks, remain resilient through change, and continuously cultivate their leadership skills.

This workshop will offer an inspiring learning and networking platform. The event aims to provide existing and emerging leaders with the strategies and skills required to excel in their careers.

## WHO WILL ATTEND?

Advocates for change, established, emerging & aspiring women leaders in a variety of industries & roles, including:

- Team Leaders
- General Managers
- Human Resources
- Leadership & Executive Development
- Diversity & Inclusion Managers
- Directors
- Chief Executive Officers
- Chief Financial Officers

## DAY ONE

### Develop self-awareness and authenticity

- Identify and evaluate your key strengths as a leader
- Explore the role authenticity plays in effectively leading a team
- Recognise the impact your leadership behaviour has on others

### Embrace your leadership identity

- Identify how best to utilise your optimal leadership style within the context of your organisation
- Advocate for yourself and develop your leadership identity
- Cultivate a high performing mindset

### The importance of resilience and confidence for leaders

- Build resilience to thrive under pressure
- Dealing with disappointment and setbacks throughout your career
- Identify stress triggers and how to avoid them

### High-level communication, influencing skills

- Manage emotions for positive and assertive communication and relationships
- Develop influencing techniques and conversational intelligence
- Execute difficult conversations with confidence

## WORKSHOP SCHEDULE

- 8.30 - 9.00 Registration
- 9.00 - 10.40 Session One
- 10.40 - 11.00 Morning Tea
- 11.00 - 12.30 Session Two
- 12.30 - 1.30 Lunch
- 1.30 - 3.00 Session Three
- 3.00 - 3.20 Afternoon Tea
- 3.20 - 4.30 Session Four
- 4.30 Close of Workshop

## DAY TWO

### Transformational leadership strategies to accelerate team performance

- ▶ Leverage team dynamics to enhance performance
- ▶ Challenge, support and empower others
- ▶ Maximise team productivity during times of disruption

### Drive change leadership

- ▶ Recognise and overcome hurdles to change
- ▶ Build an appetite for change and responsiveness to change
- ▶ Embed a positive change culture in an organisation

### Strategic career progression

- ▶ Skills for self-promotion and accelerated career progression
- ▶ Actively seeking and accepting feedback
- ▶ Expand your networking skills
- ▶ Achieve improved leadership performance - Your personal action plan

### Bringing it all together

- ▶ Round table in action - Reflect on key learnings

## WHAT OUR DELEGATES ARE SAYING



“ Amazing course that was extremely beneficial for my new role. Engaging presentation of the content, fantastic facilitator and would highly recommend to colleagues. ”



## YOUR FACILITATOR

With over seventeen years of expertise across learning, leadership and organisational development, Amy's underlying belief is that individuals should embrace every opportunity to explore what they are truly capable of. Known for her dynamic facilitation and presentation skills, Amy carries the enviable ability to connect with and motivate groups of all sizes, technical capabilities and levels of leadership.

Impassioned by building core, leadership and change capability, Amy has successfully designed, developed and implemented hundreds of right fit learning and leadership development solutions across many sectors and industries including financial services. She has built her career working with some of the best – IAG, Westpac, QBE, TAL, iCare, NAB and SCOR Global Life.



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Leadership & Development Specialist  
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