SOUTH AUSTRALIA WOMEN IN LEADERSHIP WORKSHOP

ENHANCE YOUR EFFECTIVENESS AS A LEADER IN AN EVOLVING PROFESSIONAL LANDSCAPE

19 & 20 MARCH 2020 RYDGES ADELAIDE

EXPLORE

- Develop your individual leadership style
- ► Build confidence & influence
- ► Improve self-awareness & self-reflection
- Master the art of confident communication
- Learn to navigate change & uncertainty
- Understand & manage unconscious bias
- Difficult conversations & managing conflict
- Explore individual & team motivation
- Gain strategies for employee engagement
- Learn to self-promote & progress your career
- Write your personal leadership plan

EXPERT FACILITATOR



Miriam Henke Health Psychologist, Executive Coach, Director Miriam Henke Consulting & Lifespan Dynamics Pty Ltd

SAVE THE DATE

This workshop is part of the 6th Women in Leadership SA Summit. Call us to secure your spot.

START YOUR LEADERSHIP JOURNEY! Call +61 2 8239 9711 Priority Code - I



ABOUT THE EVENT

Women remain critically underrepresented in senior executive leadership roles, and yet diversity is proven to be a key component to unlock innovation and performance, leading to better business outcomes. Greater participation of women is the first step to improving diversity and the benefits it provides to the organisation. The corporate world has seen a slight increase in senior women leaders in recent years, but this current growth is still not enough to attain the benefits provided by gender diversity.

In order to increase the number of women represented in senior executive leadership it is essential to equip aspiring leaders with the critical tools for leadership success. Women must be able to identify the opportunities for career advancement, build supportive networks, remain resilient through change, and continuously cultivate their leadership skills.

The Women in Leadership Workshop will offer an inspiring learning and networking platform. The event aims to provide existing and emerging leaders with the strategies and skills required to excel in their careers.

TRAINING DELIVERY AND PRE-COURSE QUESTIONNAIRE

This workshop will be delivered using a three tiered approach. The structure of each session is as follows:

- 1. Technical overview and review of research into the topic area under discussion
- 2. Practical application of management principles in the review of case studies, worked examples and interactive exercises
- 3. Discussion of outcomes and implementation issues

Workshop participants will have the opportunity to include comments and questions about issues outlined in the program by way of a pre-course questionnaire. This feedback will enable the course facilitator to adjust content accordingly. The workshop has limited places to allow for customisation, greater interactivity and for individual concerns to be addressed.

DAY ONE

Develop self-awareness and authenticity

- Values-based leadership what it means to be an authentic leader
- Identify your key strengths and potential de-railers as a leader
- Identify how best to utilise your optimal leadership style within the context of your organisation

High level communication, influence and negotiation skills

- Manage emotions for positive and assertive communication and relationships
- Develop techniques of persuasion, negotiation and influencing with coaching skills and "conversational intelligence"
- Prepare for and have difficult conversations with confidence

Develop self and others with "reflective leadership"

- Clarify the benefits of reflective practice in leadership
- Develop the skills and capacity for reflective practice
- Using reflective practice to influence the quality of the culture through the quality of relationships

Strategic career progression

- Everyday career management practices and creating a personal leadership plan
- Maximise existing relationships and networks and building new ones for professional opportunities
- Skills and approaches to manage your image and visibility without feeling you are "selling yourself"

DAY TWO

Transformational leadership strategies to accelerate team performance

- Leverage team dynamics to enhance performance
- Challenge, support and empower others
- Manage uncooperative staff members

Drive change and innovation

- Recognise and overcome hurdles to change
- Trust your intuition and step outside your comfort zone
- Embed a positive change culture in an organisation

Remain productive in a crisis

- Build resilience to thrive under pressure
- Support your team and engage others to deliver
- Debrief after crisis provide and accept feedback

Action planning for leadership

- Develop a personalised approach short and long-term
- Understand challenges
- Share approaches to move your career forward

WORKSHOP SCHEDULE

- 8.30 9.00 Registration
- 9.00 10.40 Session One
- 10.40 11.00 Morning Tea
- 11.00 12.30 Session Two
- 12.30 1.30 Lunch
- 1.30 3.00 Session Three
- 3.00 3.20 Afternoon Tea
- 3.20 4.30 Session Four
- 4.30 Close of Workshop

WHO WILL ATTEND?

Advocates for change, established, emerging and aspiring women leaders in a variety of industries & roles, including:

- Team Leaders
- General Managers
- Human Resources
- Leadership / Executive Development
- Diversity & Inclusion Managers
- Directors
- ► Chief Executive Officers
- Chief Financial Officers

YOUR FACILITATOR

Miriam is an experienced Executive Coach and registered Psychologist with the ability to have a significant positive impact on people and results. She achieves this by bringing more depth and focus to particular challenges, and collaborating with her clients on strategic solutions and personal growth. In her consulting role, Miriam supports individuals, teams and organisations with bespoke coaching and training programs, particularly incorporating positive psychology and neuro-linguistic programming tools. With a special interest in Mind-Body Medicine, Miriam is also the Creator of The Mainspring Method.

Miriam is the founding Director of Lifespan Dynamics Pty Ltd an SA-based company she started with her life and business partner, Michael, selling revolutionary health devices and products for 21st Century health issues. The quality range of products are all grounded in current research literature, plus tried and tested by our leaders. Lifespan Dynamics specialises in Red Light Therapy (photobiomodulation), Mind-Body Medicine products and advanced personal care products throughout all stages of life.



Miriam Henke Health Psychologist, Executive Coach, Director Miriam Henke Consulting & Lifespan Dynamics Pty Ltd

South Australia Women in Leadership Workshop

19 - 20 March 2020

Rydges Adelaide

Booking Form

Event Reference: WILM0320A - A Priority Code: I

i) **Registration Information**

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_/) Your Investment

Options (per person) Oty		Rapid Action Rate Register and pay by 28 November		Value Plus Rate Register and pay by 19 December		Super Saver Rate Register and pay by 22 January	Early Bird Rate Register and pay by 20 February	Standard Rate	
	Workshop	p \$1995 + GST = (\$2194.50) \$2195 + GST = (\$2414.50) \$2595 + GST = (\$2854.50) \$2795 + GST = (\$3074.5		\$2795 + GST = (\$3074.50)	\$2995 + GST = (\$3294.50)				
Discounted off standard rates :		Save up to \$1000		Save up to \$800		Save up to \$400	Save up to \$200	All Prices listed in Australian Dollars	
	Group Discounts Available:	Stand	0% off lard Rate n of 3 - 4	25% off Standard Rate Team of 5 - 7	30% off Standard Rate Team of 8+			TOTAL incl GST	

Conditions: Group Discounts apply for bookings made simultaneously. Only one discount applies. Group discounts apply to standard rates only. Group discounts are not applicable to Value Plus, Super Saver and Early Bird rates Discounts cannot be applied retrospectively and must be claimed at the time of booking. Liquid Learning Group reserves the right to have sole discretion on an organisation's eligibility for discounts. Note: Course materials, refreshments & lunches are included. Travel and accommodation are NOT included. Registration Options are per person only.

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