

# Women in Leadership Workshop

Essential skills and tools to enhance your effectiveness as a leader in an evolving environment



## EXPLORE

- Develop your individual leadership style
- Write your personal leadership plan
- Build confidence and influence
- Improve self-awareness and self-reflection
- Master the art of confident communication
- Learn to navigate change and uncertainty
- Understand and manage unconscious bias
- Address difficult conversations and managing conflict
- Explore individual and team motivation
- Gain strategies for employee engagement
- Learn to self-promote and progress your career

## EXPERT FACILITATOR



**Michelle Landy**  
Executive Coach  
Michelle Landy Communications



30 & 31 January 2019  
**Novotel Geelong**



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# Women in Leadership Workshop

## BACKGROUND

It is a well-known fact that women remain critically underrepresented within senior executive leadership roles. Greater participation of women is the first step to improving diversity and the benefits it provides to the organisation. Diversity is proven to be a key component for unlocking innovation and performance leading to better business outcomes. The corporate world has seen a slight increase in senior women leaders in recent years but this current growth is not sufficient to attain the benefits provided by gender diversity.

To increase the number of women represented in senior executive leadership, it is essential to equip aspiring leaders with the critical tools for leadership success. Women must be able to identify the opportunities for career advancement, build supportive networks, remain resilient through change and continuously cultivate their leadership skills.

The Women in Leadership Workshop will offer an inspiring learning and networking platform. The event aims to provide existing and emerging leaders with the strategies and skills required to excel in their careers.

## INTRODUCING YOUR FACILITATOR



**Michelle Landy**  
Executive Coach  
**Michelle Landy Communications**

Michelle Landy is a Change Leadership Specialist with a strong presence in Agribusiness. She is a board member at Total Grower Services, a leadership lecturer at University of Technology and an executive coach and facilitator to leaders and teams throughout industry.

## Who Will Attend

Advocates for change, established, emerging and aspiring women leaders in a variety of industries and roles, including:

- Executives and Managers
- Team Leaders
- Human Resources
- Diversity and Inclusion Managers
- Directors / General Managers
- Leadership / Executive Development

## TRAINING DELIVERY

This workshop will be delivered using a three tiered approach. The structure of each session is as follows:

1. Technical overview and review of research into the topic area under discussion
2. Practical application of management principles in the review of case studies, worked examples and interactive exercises
3. Discussion of outcomes and implementation issues

## PRE-COURSE QUESTIONNAIRE

Workshop participants will have the opportunity to include comments and questions about issues outlined in the program by way of a pre-course questionnaire. This feedback will enable the course facilitator to adjust content accordingly. The workshop has limited places to allow for customisation, greater interactivity and for individual concerns to be addressed.

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# Women in Leadership Workshop

## Day One

### **Developing self-awareness and authenticity**

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- Values-based leadership: what it means to be an authentic leader
- Identifying your key strengths and potential de-railers as a leader
- Identifying how best to utilise your optimal leadership style within the context of your organisation

### **High level communication, influence and negotiation skills**

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- Managing emotions for positive and assertive communication and relationships
- Developing techniques of persuasion, negotiation and influencing with coaching skills and “conversational intelligence”
- Preparing for and having difficult conversations with confidence

### **Developing self and others with “reflective leadership”**

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- Clarifying the benefits of reflective practice in leadership
- Developing the skills and capacity for reflective practice
- Using reflective practice to influence the quality of culture through the quality of relationships

### **Strategic career progression**

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- Everyday career management practices and creating a personal leadership plan
- Maximising existing networks and building new ones for professional opportunities
- Skills and approaches in managing your image and visibility without feeling you are “selling yourself”

## Day Two

### **Transformational leadership strategies to accelerate team performance**

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- Leveraging team dynamics to enhance performance
- Challenging, supporting and empowering others
- Managing uncooperative staff members

### **Driving change and innovation as a female leader**

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- Recognising and overcoming hurdles to change
- Trusting your intuition and stepping outside your comfort zone
- Embedding a positive change culture in your organisation

### **Remaining productive in a crisis**

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- Building resilience to thrive under pressure
- Supporting your team and engaging others to deliver
- Debriefing after crisis - providing and accepting feedback

### **Action planning for leadership**

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- Developing a personalised approach: short and long-term
- Understanding challenges
- Sharing approaches for moving your career forward

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Address		Suburb	State
Postcode			
Booking Contact Information			
Title	Full Name	Position	
Email		Phone	

Delegate Information

#	Title	Full Name or TBA	Position	Email
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2				
3				
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8				
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10				

Your Investment

Options (per person)	Value Plus Rate Register and pay by 31 October 2018	Super Saver Rate Register and pay by 28 November 2018	Early Bird Rate Register and pay by 19 December 2019	Standard Rate
Qty Workshop	\$2195 + GST = (\$2414.50)	\$2395 + GST = (\$2634.50)	\$2495 + GST = (\$2744.50)	\$2695 + GST = (\$2964.50)
Discounted off standard rates :	Save up to \$500	Save up to \$300	Save up to \$200	

**TOTAL incl GST**

**Conditions:** Group Discounts apply for bookings made simultaneously. Only one discount applies. Group discounts apply to standard rates only. Group discounts are not applicable to Value Plus, Super Saver and Early Bird rates. Discounts cannot be applied retrospectively and must be claimed at the time of booking. Liquid Learning Group reserves the right to have sole discretion on an organisation's eligibility for discounts.  
**Note:** Course materials, refreshments & lunches are included. Travel and accommodation are NOT included. Registration Options are per person only.

<b>Group Discounts Available:</b>	<b>10% off Standard Rate</b> Team of 3 - 4	<b>15% off Standard Rate</b> Team of 5 - 7	<b>17% off Standard Rate</b> Team of 8 +	<b>In-house Training Available:</b>	Do you have a team of ten or more people requiring this training? If so, it may be more cost effective for Liquid Learning to bring the training to you. Contact us to discuss your needs today.
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