CLINICAL LEADERSHIP IN HEALTHCARE WORKSHOP

LEAD THROUGH CHANGE & DELIVER HEALTHCARE EXCELLENCE



#### **EXPLORE**

- ► Identify & develop your leadership capabilities as a successful clinical leader
- Build & lead high performing teams that engage positively with change
- Effective strategies to 'do more with less'
- Co-designing models of care in a complex world
- Utilise Emotional Intelligence (EQ) to enhance leadership performance
- Influence stakeholders to successfully drive patient-centred services
- ► Work across cultural boundaries
- Create supportive environments to foster innovation
- ► Communicate with impact to gain maximum team productivity & engagement
- Cultivate collaboration between clinical & non-clinical roles

# **EXPERT FACILITATOR**



**Dr Kirsty Agar-Jacomb** Clinical Psychologist & Consultant **Breakglass** 



Liquid Learning will now be offering events live online!

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**Call** +64 9 927 1500 **Use Code** - I





## **ABOUT THE EVENT**

Clinical leaders everywhere are faced with increasing pressure to deliver higher quality care, with less funding, time and resources. "Do more with less" has become the everyday mantra, yet it is paramount that patient-centred care is the priority and community healthcare needs are met. To successfully navigate rapid changes, clinical leaders must adapt models of care and collaborate with their teams and key stakeholders to effectively implement them.

This two-day workshop will deliver the essential toolkit to develop superior leadership capabilities in clinical leaders. You will learn to harness the power of adaptable and agile leadership exploring Emotional Intelligence to enhance performance and essential communication skills. Directly addressing the needs of clinical leaders, this interactive workshop will provide you with an intensive professional development opportunity to enhance and refine your leadership skills and strategies. It will provide the essential skills to engage and influence non-clinical leaders and stakeholders to cultivate prosperous partnerships and deliver patient-centred health care excellence.

# TRAINING DELIVERY AND PRE-COURSE QUESTIONNAIRE

This workshop will be delivered using a three tiered approach. The structure of each session is as follows:

- 1. Technical overview and review of research into the topic area under discussion
- 2. Practical application of management principles in the review of case studies, worked examples and interactive exercises
- 3. Discussion of outcomes and implementation issues

Workshop participants will have the opportunity to include comments and questions about issues outlined in the program by way of a pre-course questionnaire. This feedback will enable the course facilitator to adjust content accordingly. The workshop has limited places to allow for customisation, greater interactivity and for individual concerns to be addressed.

#### **DAY ONE**

#### Leading as a clinician

- ► What it means to be a clinical leader
- ► The power of values-based leadership
- ► Adaptable and agile leadership to engage different people and situations
- Develop a systems thinking approach -The Triple Aim

#### Harness the power of your brain - Neuro-leadership

- ► Prioritise workload to drive efficiency
- ► Energy management and peak performance
- ► The importance of interprofessional collaboration
- ► Getting things done

#### Emotional Intelligence (EQ) for clinical leaders

- ► Why emotion belongs in the workplace
- ► Understand and develop your EQ to enhance leadership performance
- ► Harness EQ to make effective decisions under pressure
- ► Utilise EQ to motivate and influence your team

#### Delivering a quality healthcare in changing times

- Re-designing models of care to drive a patient-centred service
- Respond effectively to changing policies and patient needs
- ► Engage and influence stakeholders to co-design change
- Strategies for successful planning and implementation of change



## WE ARE GOING VIRTUAL!

Events will be delivered live with the assistance of Video Streaming technology to allow delegates and speakers to participate and interact from their office, their home or wherever they may be. Some events may include both in person and remote access elements depending on the situation. Information regarding these arrangements will be sent to affected delegates and speakers directly.

#### **DAY TWO**

## Enabling your team through transformation

- ► Understand staff needs during times of change
- Collaborate with your team to develop the most effective change strategies
- ► Build resilient teams to navigate the changing face of healthcare
- ► Cultivate a high-performance culture

# Leading and communicating change effectively

- ► Effectively deal with resistance to change
- ► Engage more effectively through active listening
- Essential communication tactics to maximise team productivity and engagement
- Managing up and down communicating with impact to different audiences

#### Leading in a diverse environment

- Incorporate multiple cultures into the healthcare environment
- Successfully lead a variety of groups and specialisations
- Handle sensitive and complex matters with confidence
- Engage key team players to encourage onboarding of new staff

# Collaboration between clinical and non-clinical roles

- ► Identify and understand different leadership expectations
- ► Realise and develop your expertise and influence during decision-making
- Cultivate collaborative conversations to tackle issues
- Foster stronger partnerships



## WHO WILL ATTEND?

Clinical leaders in healthcare, including:

- Clinical Managers
- Associate Clinical Managers
- Clinical Leaders
- Practice Managers
- Nurse Unit Managers
- Directors
- Nursing Directors
- Senior Medical Staff
- Medical Staff Coordinators
- Clinical Governance

# YOUR FACILITATOR

Dr Kirsty Agar-Jacomb is a Consultant Clinical and Coaching Psychologist who believes in the relevance and value of clinical psychological knowledge and practices to workplace and organisational contexts. Developing leadership capabilities such as productivity and vitality, self-awareness and self-management, adaptability, creativity, communication and relationship management are critical in today's work environment and are particularly aligned with psychology.

Kirsty has 20 years of experience working in the mental health field in the NGO, DHB, ACC and private sectors, working with highly troubled people often stuck in complex and rigid systems. In her clinical leadership roles, she has contributed to clinical governance, strategic planning, workforce development, and lead service development and improvement projects including a large model of care review.

Kirsty is a member of the New Zealand Psychological Society (NZPsS), International Society for Coaching Psychology (ISFCP), International Positive Psychology Association (IPPA), and the Association for Contextual Behavioural Science (ACBS).

Kirsty is director of a leadership coaching, consulting, and training business BREAKGLASS and a private clinical practice, Flex Psychology.



**Dr Kirsty Agar-Jacomb** Clinical Psychologist & Consultant **Breakglass** 

# Clinical Leadership in Healthcare Workshop 21 - 22 April 2020 **Online Delivery**

# **Booking Form**

Event Reference: CLH0420Z - W Priority Code: I

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Discounted off standard rates :		Save up to \$300	Save up to \$200	Save up to \$100	All Prices listed in Australian Dollars
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