

# APS 5-6 HIGH PERFORMANCE & LEADERSHIP WORKSHOP

DEVELOP CORE LEADERSHIP CAPABILITIES  
TO ACHIEVE SUCCESS & EXCEL IN  
APS 5-6 LEVEL ROLES & BEYOND

21 - 22  
OCTOBER  
ONLINE DELIVERY

## EXPLORE

- ▶ Identify and develop your capabilities as a confident and successful Public Sector leader
- ▶ Build productive relationships and lead proficient, capable teams
- ▶ Leverage your Emotional Intelligence (EQ) to advance as a leader
- ▶ Practical, autonomous and effective decision-making processes
- ▶ Understand neuroleadership to positively influence behaviour
- ▶ Drive strategic change to improve procedures and meet agency goals
- ▶ Maintain internal and external stakeholder engagement
- ▶ Strategies to identify problems and implement effective problem-solving solutions
- ▶ Career planning and pathways in APS roles

## EXPERT FACILITATOR



Garry Mills  
Presenter & Coach  
Peak Performance

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## ABOUT THE EVENT

Ongoing transformation within the Australian Public Service has created a greater need for effective leadership performance across all levels. Public Sector leaders are now required to undertake work of a more complex nature, operating in an autonomous and strategic manner. Emerging leaders eager to take their career to the next level must be equipped with the tools and strategies to achieve success. This is particularly true at the APS 5-6 banded level, which requires strategic awareness and effective engagement with senior leadership.

Aimed at APS 5-6 level officers and management, this two-day workshop will provide an opportunity to advance core skills and explore the emerging leadership capabilities for effective APS 5-6 level management. It will explore the core attributes for successful leadership within the Australian Public Service. It will also delve into the practical strategies relating to leading productive teams, improving decision-making and developing key skills of stakeholder engagement. These areas are of increasing importance for APS 5-6 level management leaders to perform at a higher level and to reach their full potential.

This interactive workshop will provide you with a unique professional development opportunity to enhance and refine a solid toolkit. It is ideal for career-driven individuals who aim to unlock their potential and advance their career within the Australian Public Service.

## TRAINING DELIVERY AND PRE-COURSE QUESTIONNAIRE

This workshop will be delivered using a three tiered approach. The structure of each session is as follows:

1. Technical overview and review of research into the topic area under discussion
2. Practical application of management principles in the review of case studies, worked examples and interactive exercises
3. Discussion of outcomes and implementation issues

Workshop participants will have the opportunity to include comments and questions about issues outlined in the program by way of a pre-course questionnaire. This feedback will enable the course facilitator to adjust content accordingly. The workshop has limited places to allow for customisation, greater interactivity and for individual concerns to be addressed.

## DAY ONE

### Personal leadership values

- ▶ The capabilities, attributes and skills of an effective leader
- ▶ Identify your core values and goals as a leader
- ▶ Advocate your value as a leader
- ▶ Explore your inner performance and neuroplasticity

### Lead and manage productive teams

- ▶ Maintain team cohesion, activate engagement and build productive relationships
- ▶ Capitalise on your technical skills to help develop your leadership competencies
- ▶ Leverage your leadership skills to better motivate and engage your team
- ▶ Build team capacity through coach and performance feedback

### Fundamentals of Emotional Intelligence (EQ)

- ▶ Reflect on your EQ and identify opportunities for growth
- ▶ Understand your EQ and its impact on people and organisational climate
- ▶ Leverage your EQ in the workplace
- ▶ Embrace qualities of empathy and understand to become a better leader

### Effective and practical decision making

- ▶ Draw on your experience, knowledge and judgement with confidence
- ▶ Understand the neuroscience of intuition and trust your instincts
- ▶ Deal with complex issues - making the 'right' decisions
- ▶ Manage emotions and thoughts that weaken our decision-making

FOR EXTENDED PROGRAM  
INFORMATION VISIT

[www.liquidlearning.com.au](http://www.liquidlearning.com.au)

## DAY TWO

### Successful change and strategic management

- ▶ Lead in a world of constant change and uncertainty
- ▶ Problem identification and problem-solving strategies
- ▶ Support and influence stakeholders through change
- ▶ Drive effective transformation and change through people not process

### Develop resilience to thrive in times of change

- ▶ Respond to constant uncertainty and ambiguity in the workplace
- ▶ Identify and monitor changes that impact your work environment
- ▶ Support your team, organisation and stakeholders
- ▶ Manage stress levels - its impacts and how stress can help us perform at our best

### Stakeholder engagement and management

- ▶ Manage stakeholder relationships to achieve agency goals
- ▶ Identify and meet stakeholder needs and expectations
- ▶ Develop effective relationships with stakeholders
- ▶ Negotiate with integrity and confidence

### Create an action plan to excel your career as an APS leader

- ▶ Shape your leadership brand
- ▶ Trust your initiative and judgement
- ▶ Plan and commit to actions that will lead to success



## WHO WILL ATTEND?

Aspiring, emerging and existing leaders across all disciplines & departments throughout the Public Sector, including:

- ▶ APS 5-6
- ▶ Officers
- ▶ Senior Officers
- ▶ Principal Officers
- ▶ Advisors
- ▶ Senior Advisors

## YOUR FACILITATOR

Garry is a former bodyguard to the Australian Prime Minister and other world leaders, leading complex operations both in Australia and overseas. His experience and expertise include police officer, public sector executive, Team Australia athlete in an international TV series competition, radio presenter, and Ironman triathlete. Garry delivers high performance, mental health & leadership workshops, 1:1 coaching and presentations across Australia and overseas. Garry is a certified i4 neuroleader trainer and a qualified coach, using neuroscience, evidence-based research and personal experiences in his programs. His clients include senior executives, professional athletes and small business owners.



**Garry Mills**  
Presenter & Coach  
Peak Performance



### ONLINE DELIVERY

Events will be delivered live with the assistance of Video Streaming technology to allow delegates and speakers to participate and interact from their office, their home or wherever they may be. Some events may include both in person and remote access elements depending on the situation. Information regarding these arrangements will be sent to affected delegates and speakers directly.

