# Managing Psychological Safety Through Change

10 Oct | Online



## A practical guide for navigating team resilience and wellbeing in times of transition

- Understand the concept of psychological safety and its direct impact on collaboration and performance
- Learn strategies for integrating psychological safety into change management processes
- Explore the role of leadership in promoting psychological well-being during times of transition
- · Craft an action plan to build resilience and trust among your team

#### THE AGENDA

#### Workshop

10 OCT | 9:00 - 4:30

- Understanding psychological safety in a changing environment
- Integrating psychological safety in change management processes
- The importance of leadership for psychological wellbeing and performance
- Building a culture of psychological safety and trust

#### YOUR FACILITATOR

Dr. Tessa Bailey, a registered psychologist, holds a PhD in worker psychological health and safety, earning the prestigious 2019 Ian Davey Award for her outstanding thesis at the University of South Australia. With expertise in human resource management, injury prevention, and injury management, Dr. Bailey served as a Research Fellow at UniSA, contributing to the Australian Workplace Barometer project. Passionate about applied practice, she founded The OPUS Centre for Psychosocial Risk, collaborating with industry partners to develop integrated workforce health and safety systems. As a consultant, Dr. Bailey empowers diverse organisations to create safe work environments that optimise both worker health and productivity.

**Dr Tessa Bailey**Principal Consultant & Director **The Opus Centre** 

#### **GROUP DISCOUNTS**

3 - 4 Attendees

10%

5 - 7 Attendees

20%

8 - 9 Attendees

25%

10+ Attendees

**30%** 

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### Managing Psychological Safety Through Change 10 Oct 2024 | Online

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