# Enhancing Emotional Intelligence

12 Jun | Online



## Strategies to cultivate self awareness and empathy for personal growth and team success

- Gain an understanding of Emotional Intelligence (EI) and its significance in personal and professional contexts
- Increase self-awareness by identifying strengths, areas for development and emotional triggers
- Cultivate empathy and social awareness for better understanding of others' emotions
- Apply EI in teams through meaningful connections, and a personalised action plan

## THE AGENDA

### Workshop

12 JUN | 9:00 - 12:30

### Emotional Intelligence (EI) essentials

- Understand EI and its importance in life and the workplace
  Assess your strengths, development areas and emotional triggers
- Embrace self-awareness, social awareness, and empathy

### Applying EI in a team environment

- Build meaningful connections with those around you
- Develop strategies to lead, motivate and influence others
- Create a personalised action plan for integrating EI in the workplace

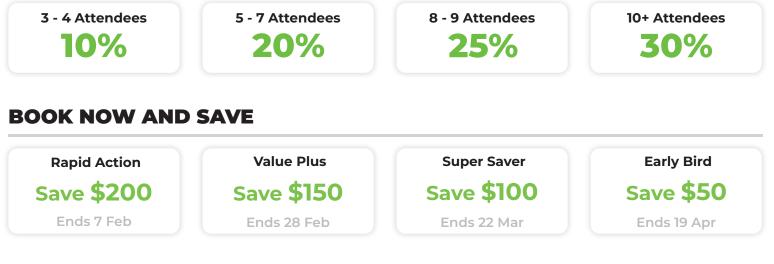
## YOUR FACILITATOR

Amy is a highly sought-after leadership coach and trainer, and one of Australia's leading Emotional Intelligence (EI) specialists, with over twenty years of expertise across learning, leadership and organisational development. Known for her dynamic facilitation and presentation skills, Amy can connect and motivate groups of all sizes, technical capabilities and levels of leadership, across many sectors and industries, including adult education, public sector and financial services. Amy has built her career working with some of the best – IAG, ANZ, Contiki, Avis, Australian Institute of Management, Dress for Success, and many more!



Amy Stewart Leadership & Organisational Development Specialist Amy Stewart Learning and Development

## **GROUP DISCOUNTS**



#### **Enhancing Emotional Intelligence**

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## **BOOKING FORM**

Event Reference: EEI0624A - O Priority Code: I

#### **Registration Information** *i* )

Organisation Name									
Address					Suburb	State	Postcode		
Booking Contact Information									
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#### .d) Pricing Ends 7 Feb Ends 28 Feb Ends 22 Mar Ends 19 Apr **Rapid Action Early Bird** Value Plus **Super Saver** Standard Save \$200 Save \$150 Save \$100 Save \$50 Rate \$549 +gst = \$603.90 \$599 +gst = \$658.90 **\$499** +gst = \$548.90 **\$649** +gst = \$713.90 \$699 +gst = \$768.90 3 - 4 attendees 5 - 7 attendees 8 - 9 attendees 10+ attendees GROUP No. of Total

10% 20% 30% Conditions: Group Discounts apply for bookings made simultaneously. Only one discount applies. Group discounts apply to standard rates only. Group discounts are not applicable to Rapid Action, Value Plus, Super Saver and Early Bird rates. Discounts cannot be applied retrospectively and must be claimed at the time of booking. Liquid Learning Group reserves the right to have sole discretion on an organisation's eligibility for discounts.

25%

#### **Payment Details**

Note: All prices listed in Australian Dollars. Course materials included. Registration Options are per person only.

DISCOUNTS

Credit Card	Credit Card Details - Please charge my credit card for this registration: Card Type 🔲 Visa 🔛 MasterCard 🔛 American Express	Electronic Funds Transfer (EFT) Please transfer funds directly to: Westpac Account Name: Liquid				
Cheque (payable to Liquid Learning Group Pty Ltd) Electronic Funds Transfer Please invoice me: Purchase Order No. #	Note: 2% surcharge applies to American Express payments         Card Number       Expiry         CVV       Full Name as on card	Learning Group Pty Ltd BSB: 032 002 Account No: 407 273 SWIFT Code: WPACAU2S				
	Cardholder's Contact Number Signature	Please quote ref EEI0624A - O and registrant name				
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Autionty				Authorising Manager's Details: This registration is invalid without a signature		
	Name	Position	P	hone		
	Email		s	ignature	Date	

#### Email this form to: registration@liquidlearning.com.au or Call us on: +61 2 8239 9711

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incl. GST

Payment is required prior to attending this event

Attendees

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