Managing Motivation & Preventing Burnout

29 May | Online



Navigating the path to a high-performance and resilient mindset

- Discover techniques to maintain peak performance without compromising well-being
- Boost your confidence to overcome setbacks and create strategies to prevent burnout
- Cultivate a high performance mindset by actively planning for success
- Integrate practical ideas into your routine and establish straightforward accountability methods

THE AGENDA

Workshop

29 MAY | 9:00 - 4:30

- How to have (and hold onto) the right mindset
- · Maintaining daily motivation
- How to stop a slip from turning into a spiral
- Concrete steps for long term success

YOUR FACILITATOR

Michael Collins is one of the region's leading talent, leadership and change experts with 25 years of experience in the field of leadership assessment and development, in particular, he specialises in identifying and discovering high potential leaders, differentiating leadership talent, neuropsychology and organisational change.



Michael Collins High Potential Officer Hipotential

GROUP DISCOUNTS

3 - 4 Attendees

10%

5 - 7 Attendees

20%

8 - 9 Attendees

25%

10+ Attendees

30%

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Rapid Action

Save \$600

Ends 24 Jan

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Ends 16 Feb

Super Saver

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BOOKING FORM

Event Reference: MMPB0524A - O Priority Code: I

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GROUP DISCOUNTS	3 - 4 attendees 10%	5 - 7 attendees 8 - 20%	- 9 attendees 10+ atte		Total incl. GST	
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