

# Psychological Safety Toolkit for Managers & Leaders

7 Feb | Cliftons Melbourne



## Prioritising wellbeing - A practical guide for managers and leaders on navigating psychosocial risks

- Define a leaders role in ensuring a safe and healthy work environment
- Identify psychosocial hazards, red flags and warning signs within your teams and organisation
- Discover the direct correlation between professional success and mental health
- Practical strategies and tools to build a high-performance workplace by prioritising your team's wellbeing

### THE AGENDA

#### Workshop

7 FEB | 9:00 - 4:30

- The importance of leadership in workplace psychological health and performance
- Psychosocial hazards and risks in the workplace
- Building a culture of psychological safety and trust
- Supporting employees and reasonable adjustments

### YOUR FACILITATOR

Kevin St Mart is a workplace mental health expert with over 23 years of experience in work health and safety and is a consultant for the Opus Centre for Psychosocial Risk. With qualifications in Business, Injury Management and Training & Assessment Kevin has a well-rounded understanding of best practice management of mental health in businesses of all sizes.



**Kevin St Mart**  
Consultant  
The Opus Centre

### GROUP DISCOUNTS

3 - 4 Attendees

**10%**

5 - 7 Attendees

**15%**

8 - 9 Attendees

**20%**

10+ Attendees

**25%**

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Organisation Name				
Address		Suburb	State	Postcode
Booking Contact Information				
Title	Full Name	Position	Email	Phone

Delegate Information

#	Title	Full Name or TBA	Position	Email
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Pricing

Ends 29 Sep		Ends 1 Nov		Ends 20 Nov		Ends 22 Dec			
Rapid Action		Value Plus		Super Saver		Early Bird		Standard Rate	
Save \$500		Save \$300		Save \$200		Save \$100			
\$1299 +gst = \$1428.90		\$1499 +gst = \$1648.90		\$1599 +gst = \$1758.90		\$1699 +gst = \$1868.90		\$1799 +gst = \$1978.90	
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		10%	15%	20%	25%				

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