

# EL1 & EL2 Women in Leadership Workshop

24 - 25 Oct | Online



## Essential leadership skills and empowering strategies to thrive in Executive-Level roles and beyond

- Refining your leadership style for personal and team performance
- High-level communication, influence and negotiation skills
- Build resilience to thrive during times of change and uncertainty
- Driving change and innovation as a woman in leadership

### THE AGENDA

#### Day 1

24 OCT | 9:00 - 4:30

- Authentic executive-level leadership for women in the APS
- Understanding your own leadership style
- Understand how your Emotional Intelligence (EI) impacts how you are perceived as a leader
- Build resilience to thrive during times of change

#### Day 2

25 OCT | 9:00 - 4:30

- Develop techniques of persuasion, negotiation, and influence
- Transformational leadership strategies to accelerate team performance
- Develop your team's resilience to stress and change
- Leadership think-tank

### YOUR FACILITATOR

Karen is one of Australia's leading executive management development specialists who has worked with thousands of executives to transition them into senior leadership roles quickly and effectively. She is an Organisational Psychologist passionate about people's success and facilitating their careers to rise. She teaches Organisational psychology at UNSW and works with ASX listed companies and large public sector organisations to drive engagement, inclusion and performance.

**Dr Karen Whittingham**  
Director  
Impact Psychology Pty Ltd



### GROUP DISCOUNTS

3 - 4 Attendees

**10%**

5 - 7 Attendees

**15%**

8 - 9 Attendees

**20%**

10+ Attendees

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