

Psychological Safety Toolkit for Managers & Leaders

12 Sep | Online



Prioritising wellbeing - A practical guide for managers and leaders on navigating psychosocial risks

- Define a leaders role in ensuring a safe and healthy work environment
- Identify psychosocial hazards, red flags and warning signs within your teams and organisation
- Discover the direct correlation between professional success and mental health
- Practical strategies and tools to build a high-performance workplace by prioritising your teams wellbeing

THE AGENDA

Workshop

12 Sep | 9:00 - 4:30

- The importance of leadership in workplace psychological health and performance
- Psychosocial hazards and risks in the workplace
- Building a culture of psychological safety and trust
- Supporting employees and reasonable adjustments

YOUR FACILITATOR

Kevin St Mart is a workplace mental health expert with over 23 years of experience in work health and safety and is a consultant for the Opus Centre for Psychosocial Risk. With qualifications in Business, Injury Management and Training & Assessment Kevin has a well-rounded understanding of best practice management of mental health in businesses of all sizes.



Kevin St Mart
Consultant
The Opus Centre

GROUP DISCOUNTS

3 - 4 Attendees

10%

5 - 7 Attendees

15%

8 - 9 Attendees

20%

10+ Attendees

25%

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