

THE 7TH WOMEN **IN** HEALTHCARE

Leadership Summit

28 - 31 AUG 2023 | SWISSÔTEL, SYDNEY

LEARN FROM



Susan Pearce
Secretary



Carmen Rechbauer
Chief Executive



Wendy Hoey
Chief Executive



Pauline Deweerd
Executive Director,
Aboriginal Health



Deanna Paulin
Executive Director, People
and Culture



Angela Karooz
General Manager



Andrea Herring
Executive Director, Patient
Safety & Experience



Elizabeth Grist
Executive Director, Clinical
Services, Nursing &
Midwifery



Kristen Ella
Statewide Coordinator,
Aboriginal Mental Health
Workforce Program



Dr Patricia Bradd
Executive Director,
Patient Safety



Sonia Marshall
Executive Director,
Nursing & Midwifery &
Performance



Leanne Laidler
Chief Quality & Risk
Officer



Libby Roberts
Founder & Managing
Director



Bron Rose
District Manager,
Aboriginal Mental Health
Service & Workforce



Dr Karen Arblaster
Director, Allied Health,
Research & Strategic
Partnerships



Vanessa Bennett
Chief Executive Officer



Amy Stewart
Leadership &
Organisational



Rabia Khan
Founder & CEO



Zena Mahenna
Facilitator



Deb Assheton
Director



Christie Longinidis
Deputy Department Head
Occupational Therapy &
Clinical Lead



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**RESILIENCE.
RESET.
RE-CHARGE.**

MAKE A STAND IN YOUR LEADERSHIP

It's time to join the conversation and learn from prominent senior women leaders making waves across the Healthcare sector. Dive into real life experiences, life lessons, tips, and tricks to set yourself up for success in your role. This is the perfect opportunity to be involved in two fully immersive conference days, build lifelong connections, and gain essential skills to advance in your leadership!

- ▶ **Develop essential communication skills to set yourself up for success**
- ▶ **Create foundations for resilience in a high stress environment**
- ▶ **Re-establish your leadership spark to improve individual and team performance**
- ▶ **Engage and build positive industry focused**

Group Discounts Available!



**25% off
Standard Rate**
Team of 10+



**20% off
Standard Rate**
Team of 8 - 9



**15% off
Standard Rate**
Team of 5 - 7



**10% off
Standard Rate**
Team of 3 - 4

PRE-SUMMIT WORKSHOP

28 AUG

PRINCIPLES OF EFFECTIVE COMMUNICATION IN LEADERSHIP - CREATING THE FUTURE YOU WANT

Learning your own strengths and weaknesses as a leader

- ▶ Understanding the benefits of strengths based leadership
- ▶ Identifying your strengths and areas for development
- ▶ Understand your leadership style and how it impacts your team

Influencing for outcomes

- ▶ Identify your existing approach to influencing and current challenges
- ▶ Adopt a framework to prepare for and help you influence others
- ▶ Identify the key aspects of trust for influencing and how to incorporate it
- ▶ Adopt a framework to build a strong network

Facing change and managing through this successfully

- ▶ Identifying the type of change/ experience and the effects it will have
- ▶ Manage conflicting priorities and competing demands
- ▶ How to have influence in times of stress & change
- ▶ Tools for active listening to create trusting relationships
- ▶ Develop your strategy execution toolkit

Develop strategies and plans

- ▶ Cultivate your team to take ownership of their success
- ▶ Grasp the capacity to manage multi-disciplinary groups
- ▶ Adaptable leadership strategies for managing different people
- ▶ Strategies for developing strategic partnership

EXPERT FACILITATOR

Rabia Khan
Founder & CEO
Data Action Impact



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SUMMIT AGENDA

SUMMIT DAY ONE


29 AUG

EVENT KICK OFF AND NETWORKING 8:50 - 9:20

LEADING THROUGH CHANGE - RELIGHTING YOUR LEADERSHIP SPARK CASE STUDY 9:20 - 10:10

DIVERSITY IN LEADERSHIP - LEADING SO YOUR PEOPLE CAN FLOURISH CASE STUDY 10:05 - 10:45

Christie Longinidis
Deputy Department Head Occupational Therapy & Clinical Lead
South Eastern Sydney Local Health District



MORNING TEA 10:50 - 11:10

EMPHASIS ON ENGAGEMENT LEADS TO EXCEPTIONAL OUTCOMES EXPERT COMMENTARY 11:15 - 12:15

Vanessa Bennett
Chief Executive Officer
Next Evolution Performance



RECOGNISE YOUR STRENGTH AND CLAIM YOUR SPACE CASE STUDY 12:20 - 1:00

Andrea Herring
Executive Director, Patient Safety & Experience
St Vincents Healthcare



LUNCH BREAK 1:00 - 2:00

HEALTHCARE LEADERSHIP - COMPASSION AT YOUR CORE CASE STUDY 2:00 - 2:40

Wendy Hoey
Chief Executive
Justice Health and Forensic Mental Health Network



AFTERNOON TEA 2:45 - 3:05

LIFTING WHILE YOU LEAD PANEL 3:10 - 4:05

Angela Karooz
General Managerh
St Georges Hospital



Leanne Laidler
Chief Quality & Risk Officer
Estia Health



Dr Karen Arblaster
Director, Allied Health, Research & Strategic Partnerships
Nepean Blue Mountains Local Health District



Sonia Marshall
Executive Director, Nursing & Midwifery & Performance
South Western Sydney Local Health District



CULTIVATE POSITIVITY AND BUILD RESILIENCE

EXPERT COMMENTARY 4:10 - 5:00

Zena Mahenna
Station Officer, Facilitator & Speaker
Zena Mahenna

NETWORKING 5:00 - 6:00

SUMMIT DAY TWO

30 AUG

DAY TWO KICK-OFF 9:00 - 9:10

LESSONS IN RESILIENCE- NAVIGATING THE TWISTS AND TURNS OF LIFE ON THE ROAD TO SUCCESS CASE STUDY 9:10 - 9:50

Carmen Rechbauer
Chief Executive
HealthShare NSW



REFLECT ON YOUR LEADERSHIP JOURNEY CASE STUDY 9:50 - 10:30

Susan Pearce
Secretary
Ministry of Health NSW



MORNING TEA 10:30 - 10:45

CLINICIAN LEADERSHIP - BUILDING OPPORTUNITIES FOR SUCCESS CASE STUDY 10:45 - 11:25

Dr Patricia Bradd
Executive Director, Patient Safety
Clinical Excellence Commission NSW



BUILDING YOUR RELATIONSHIPS AND RECOGNISING THIS IN YOUR SUCCESS CASE STUDY 11:30 - 12:10

Pauline Deweerd
Executive Director, Aboriginal Health
St Vincent's Health Australia



LUNCH BREAK 12:10 - 1:10

HEALTHCARE OF TOMORROW - THE IMPACT OF A RAPIDLY CHANGING SECTOR PANEL 1:10 - 2:10


Libby Roberts
Founder & Managing Director
Workplace Rehabilitation Management



Deanna Paulin
Executive Director, People & Culture
NSW Health Pathology



Bron Rose
District Manager, Aboriginal Mental Health Service & Workforce
Hunter New England Local Health District



Elizabeth Grist
Executive Director, Clinical Services, Nursing & Midwifery
Hunter New England Local Health District

AFTERNOON TEA 2:10 - 2:30

GET AHEAD - PREVENT YOUR BURNOUT EXPERT COMMENTARY 2:30 - 3:30

Deb Assheton
Director
The Amplify Group

BE THE LEADER YOU WANTED TO SEE CASE STUDY



Kristen Ella
Statewide Coordinator, Aboriginal Mental Health Workforce Program
Mental Health Branch Ministry of Health NSW

CLOSING ROUNDTABLE 4:10 - 4:40



BUILD RESILIENCE THROUGH EMOTIONAL INTELLIGENCE

Building resilience in yourself and your team

- ▶ Learn what emotional intelligence is and how it impacts yourself and others
- ▶ Build awareness of your own resilience and emotional intelligence
- ▶ Understand your personal challenges with resilience
- ▶ Acknowledge how your emotional intelligence influences those around you

Learn the importance of resilience in leadership

- ▶ Gain the ability to handle stressful situations effectively
- ▶ Establish influential connections with those around you
- ▶ Gain a strong sense of your leadership character and improve your confidence
- ▶ Preventative measures for emotional burnout

Emotional agility - Be curious, do not criticise yourself or others

- ▶ Establish what safe communication is
- ▶ Benefits of communicating with emotional intelligence
- ▶ Override emotional responses to stressful situations

Action Plan

- ▶ Acknowledge your future learnings for your emotional intelligence and resilience
- ▶ Discuss potential challenges your team might face moving forward
- ▶ Set milestones for holding yourself accountable

EXPERT FACILITATOR

Amy Stewart

Leadership & Organisational Development Specialist
Amy Stewart Learning and Development

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<<phone-number>>

WHAT OUR DELEGATES ARE SAYING



“ Well run, managed, great guest speakers with great insights, experience and amazing stories. Loved it all!!! ”



“

Best conference I've ever attended!

In my career I have been fortunate enough to have the opportunity to be part of the audience of many panels and this was an absolute stand out. Each and every panel member was honest, engaged, raw and real. So refreshing and engaging.



”



“ The content and topics discussed were exceptional and has provided me with great motivation to really look at my “why” and take the next step in my career. ”



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Everything was extremely prepared and organised. Usually I have the mantra if I leave a workshop/ summit similar to this learning at least one thing it was useful - I have four pages of notes from this Liquid Learning session which is a testament to how great it was!



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